Recommended Gear and Clothing List

1 pair long pants, and 1 pair of hiking shorts Light poly underwear (if you're cold blooded in evening) Light wool or synthetic socks with poly liners if needed Heavy/med sweater (wool) and fleece jacket, vest, or medium jacket T-shirts and/or synthetic shirts Stocking hat (wool or fleece) Visor cap or baseball cap Light gloves (wool or synthetic) Good quality full rain gear protection

Hiking boots (worn in). Low hiking shoes are adequate, but increase the risk of ankle injury and wet socks

Hiking sandals, aqua shoes, or tennis shoes for crossing rivers

Swimming suits (if you are brave enough to bare the cold water)

A good <u>wide mouth water bottle</u> or wide fill water pack (please do not bring cheap small mouth soda bottles, as they leak and any small mouth bottle can be difficult to fill), sunglasses, sun screen, mosquito repellent (100% DEET), camera/phone, flashlight/headlamp with spare batteries, compass (optional), a good small paperback or digital book, day pack-with waterproof cover or lined with plastic sack, personal medications (a standard first aid kit will be provided), one wash cloth/small towel/biodegradable soap (no phosphates), emergency whistle.

Fly-fisherman can purchase flies and most fly-fishing gear from <u>WoodysFlyShop.com</u> located at Lander Llama Company to browse. <u>WoodysFlyShop.com</u> also has mosquito repellent, head nets, sun lotion, bio-soap, BPA free 1qt water-wide mouth water bottles, and other knick-knacks. This will be a wilderness trip and we practice low-impact camping. It would be of great help if you pack light! The above listed required minimal gear is really all you need to have a wonderful wilderness experience with Lander Llama Company. A waterproof stuff sack will be provided for your clothing that will be received and packed the night before departure. It is 12" x 25", and all of the above clothing gear will fit into the sack and should weigh no more than 18 pounds. The stuff sacks will be laying out at LLC the day before departure on the red bench with your names attached. Your camera, medications, mosquito repellent, sun screen, sun glasses, compass, water bottle, and rain gear will be in your readily accessible day pack. The day of departure will dictate as to what type of clothing you should start out in. Remember, we supply all of your camping gear, but some people prefer to bring their own, so please let us know what gear you are planning to bring, such as sleeping bags, tents, and pads so we may be prepared. Our pads are thick 2.5 -3" 72" long insulated inflatable type. Our tents are Eureka Spitfires, Go-Lite 4 season, and Peregrine Radama Hub-2. Our sleeping bags are tapered mummy and tapered rectangular, from 0 to minus 20 degree synthetic bags. If bringing your own sleeping bag it MUST be adequate for high alpine and stuffed in a waterproof stuff sack. Any camping gear brought on your own must be approved by LLC before departure.

Here is our Gear and Abilities form you must fill out:

https://www.landerllama.com/wordpress/reservations/abilities-camp-gear

We recommend layering clothing, rather than bulky jackets. Our wilderness llama pack trips are true wilderness vacations. We will be miles and hours from civilization. We recommend walking daily to help prepare you for this trip. Our trips will start out at approximately 9,000 ft. and may progressively reach a maximum elevation of 11,000 ft. Camping spots will vary between these elevations. We pride ourselves in providing quality comfortable services to our guests, but minor inconveniences may be experienced without daily showers, and there are no designated outhouses in the wilderness. Each person will be provided TP and a trowel, and a small collapsible wash basin for washing which will be in your personal stuff sack issued the day before departure.