

Recommended Gear and Clothing List

1 pair long pants, and 1 pair of hiking shorts

Light poly underwear (if you're cold blooded in evening)

Light wool or synthetic socks with poly liners if needed

Heavy/med sweater (wool) and fleece jacket, vest, or medium jacket

T-shirts and/or synthetic shirts

Stocking hat (wool or fleece)

Visor cap or baseball cap

Light gloves (wool or synthetic)

Good quality full rain gear protection

Hiking boots (worn in). Low hiking shoes are adequate, but increase the risk of ankle injury and wet socks

Hiking sandals, aqua shoes, or tennis shoes for crossing rivers

Swimming suites (if you are brave enough to bare the cold water)

A good [wide mouth water bottle](#) or water pack, sunglasses, sun screen, mosquito repellent (100% DEET), camera, flashlight/headlamp with spare batteries, compass (optional), a good paperback or digital book, day pack-with waterproof cover or lined with plastic sack, personal medications (a standard first aid kit will be provided), one wash cloth/towel/biodegradable soap (no phosphates), emergency whistle.

Fly-fisherman can purchase flies and most fly fishing gear from WoodysFlyShop.com located at Lander Llama Company to browse. WoodysFlyShop.com also has mosquito repellent, head nets, sun lotion, bio-soap, BPA free 1qt water-wide mouth water bottles, and other knick-knacks.

This will be a wilderness trip and we practice low-impact camping. It would be of great help if you pack light! The above listed required minimal gear is really all you need to have a wonderful wilderness experience with Lander Llama Company. **A waterproof stuff sack will be provided for your clothing that will be received and packed the night before departure. It is 12" x 25", and all of the above clothing gear will fit into the sack and should weigh no more than 18 pounds.** Your camera, medications, mosquito repellent, sun screen, sun glasses, compass, water bottle, and rain gear will be in your readily accessible day pack. The day of departure will dictate as to what type of clothing we will start out in. **Remember, we supply all of your camping gear, but some people prefer to bring their own, so please let us know what gear you are planning to bring, such as sleeping bags, tents, and pads so we may be prepared. Our pads are thick 2.5 - 3" 72" long insulated inflatable type. Our tents are [Eureka Spitfires](#), and [Go-Lite 4 season](#). Our sleeping bags are wide ranging tapered mummy, from 0 to 30 degree synthetic bags. If bringing your own sleeping bag it MUST be adequate for high alpine and stuffed in a waterproof stuff sack. Any camping gear brought on your own must be approved by LLC.**

We recommend layering clothing, rather than bulky jackets. Our wilderness llama pack trips are true wilderness vacations. We will be miles and hours from civilization. We recommend walking daily to help prepare you for this trip. Our trips will start out at approximately 9,000 ft. and may progressively reach a maximum elevation of 11,000 ft. Camping spots will vary between these elevations. We pride ourselves in providing quality comfortable services to our guests, but minor inconveniences may be experienced without daily showers, and there are no designated outhouses in the wilderness. Each person will be provided TP and a trowel, and a small collapsible wash basin for washing which will be in your personal stuff sack provided.

PLEASE FILL OUT THIS PORTION AND RETURN

Experience Level

- #1 I have never backpacked and/or camped in alpine wilderness before.
- #2 I have backpacked and/or camped a few times in alpine wilderness before.
- #3 I feel comfortable and have years of alpine wilderness experience.

Fitness Level

- #1 I am out of shape, but plan on being in reasonable shape.
- #2 I walk, hike, run, ride bike, or do some aerobic exercise a couple of times a week.
- #3 I get a good cardiovascular workout on a regular basis.

<u>NAMES</u>	<u>AGE</u>	<u>EXPERIENCE LEVEL #</u>	<u>FITNESS LEVEL #</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

COMMENTS: _____

What camping gear of your **OWN** will you be bringing? (names and how many):
SLEEPING BAG _____, SLEEPING PAD _____, TENT _____

What [Motel, Cabin, Bed and Breakfast, or Campground](#) will you be staying?: _____

What is your ETA into Lander or Riverton Wyoming?: _____